



# The Dolphin Times

...the Essence of Being **Connected**

Volume 2, Issue 1

Winter, 2001

Essence of Being  
5830 Plantation Drive  
Roswell, GA 30075  
**770.998.0133**  
**888.400.5566**

**www.EssenceOfBeing.com**  
**Email: info@essenceofbeing.com**

Publishers: Burge Smith-Lyons  
& Brad Lyons  
Newsletter Editor: LaRue Martin  
Contributing Editor: Teppi Alexander  
Website Editor: Damon Dickinson

Table of Contents	
Welcome/ Connections	This Page
Connecting to the Master Within	1, 4
Announcements	2
Upcoming Events	3, 6, 8
Mastery Course	5
Take a Risk	6
Channeling	7
BurgeOnline.net	7
Calendar	Back Page

## Highlights

**We challenge each of you to complete one simple task: tell just three people about EOB and what it's done for you in your life.**

Read more about our challenge on Page 6.

The First-Ever Mastery Course was a huge success! See Page 5 for details.

Don't miss our annual New Year's Bash! For all the upcoming events, see page 3 or our calendar (on the back cover).

Welcome to The Dolphin Times! The theme for this issue is...

**Connection!** This is our 2nd issue of The Dolphin Times, the first of this New Millennium. We hope to use this quarterly newsletter as a vehicle for reconnecting and maintaining connections with our family of graduates. In this way, we can communicate news and information about grads and keep everyone informed about their whereabouts and what's going on in their lives. We want to report on what's happened for our participants after the workshop, since we all know that's where the bulk of the real work happens. You attend the workshop, get all pumped up and ready to prosper in this physical universe. Then you charge off, back into the "un-real world" and life happens again. This time it looks different, it feels different. But is it different, or are you? Therein lies the challenge – to hold onto the ideals and principles that you learned in this work while facing the imagined obstacles that are natural feedback to changing your remaining belief systems. Everything unlike that new picture comes up. More of your "yuck-berries" start to surface again -- seemingly even faster than before. And suddenly, the world can start to look like a scary place.

What happened to that lovely world you discovered in the workshop? Where are all those wonderful feelings and loving looks, that blissful connection you experienced during your Blocks Game? Where is the complete

acceptance that you experienced, many for the first time in your life, that you thought would never go away? (This is especially true if you're not geographically close to your fellow workshop participants, and don't stay in communication with them.) This can be difficult when you're back at your "normal life" and you have work, family and friends to contend with again. It helps to know that we're all going through the same things, and desire to connect with others to share ideas on using the tools from the workshop in our everyday lives to truly transform our reality. All those wonderful experiences from the workshop are still very real. Those loving human beings you connected with are still out there. And, you can keep that connection alive and vital.

We'll report on EOB events that will afford opportunities to network and socialize with fellow graduates and on what's happening with grads – marriages, births, deaths, job changes, etc. Even if we don't see each other every day, there are ways of staying connected, and this is our way to help facilitate that. We hope you enjoy it. Your feedback is welcome. Let us know what you like (and what you don't), and if there are items you'd like to submit, please feel free to contact us. That's just one more way we can stay connected.

We wish you and your families a safe, healthy and happy New Year! Blessings to you all.

## Connecting to the Master Within

by Teppi Alexander

What does it feel like to really connect with the true meaning of "you create your own reality?" It is amazing how God guides us down certain paths to heal; to learn; to forgive; to grow; to let go; and to love. Sometimes He guides us gently, other times He gives us a bit more of a push. Depending on how well

we listen or pay attention to what's happening in our lives, the lessons that follow will be either easy or hard to get through. What I have realized most is that everything, in the end, turns out to be a blessing and the truth for me is – **we do create our own reality.**

*(Continued on page 4)*

## ANNOUNCEMENTS



Give your hearts, but not into each  
other's keeping,  
For only the hand of Life can contain  
your hearts.  
And stand together yet not too near  
together:

For the pillars of the temple  
stand apart,  
And the oak tree and the cypress  
grow not in each other's shadow.

— *Kahlil Gibran, The Prophet*

## Congratulations to the happy couples!

- ? Essence of Being graduates are making it legal! **Janie Walker and Dennis Lasik** will celebrate their wedding on December 15.
- ? It's about time! After the longest Healing Forest courtship on record, **Frank and Mary Lynch** finally tied the knot on October 5<sup>th</sup> in a beautiful ceremony on Santa Rosa Beach, FL. They plan to reside in Athens, GA.

Part of our philosophy is that, contrary to popular belief, it doesn't take two halves to make a whole but two wholes to join hearts in loving partnership or "Orbiting in Love." We firmly believe that when we work on ourselves and undertake to heal our own issues, we attract healthy support, which sometimes comes in the form of a significant other. We don't feel that this person "completes" us, but complements us. Far from being the "Happily Ever After" end of the story, we then embark on an exciting journey, which is at times blissful, at times entertaining, at times inspiring, and at times highly challenging... but always rewarding.

We honor the commitments these couples have made and wish both them all the happiness and success they so richly deserve in these unions. As members of their Healing Forest, we pledge our support to them individually and as a couple through the wonderful world of Relationship.

## Condolences for transitions



For what is it to die but to stand  
naked in the wind and to melt into  
the sun?

And what is it to cease breathing,  
but to free the breath from its  
restless tides, that it may rise and  
expand and seek God  
unencumbered?

Only when you drink from the river  
of silence shall you indeed sing.  
And when you have reached the  
mountaintop,

then you shall begin to climb.  
And when the earth shall claim your  
limbs, then shall you truly dance.

— *Kahlil Gibran, The Prophet*

- ? **Alice Burgess** – Burge Smith-Lyons' grandmother passed November 19 – she graced us for almost 90 years and added value everywhere she went and to those she met along her way.
- ? **Kathy Smith's** father died on Tuesday, November 6. This comes only a few months after the one-year anniversary of her beloved husband Rolando Figueroa.
- ? We also remember **Leslie Clayton**, who just honored the one-year anniversary of her own beloved teacher and dear friend, Maki, by traveling to New Zealand to spend time with his family.

Our hearts go out to these family members in their time of grief and we send our thoughts, prayers and best wishes in their time of coming to grips with their losses. Know that our support goes with you and extends to wherever any of us travel, whether on this planet or another dimension! We honor the spirits and the lives of the dear ones who've chosen to leave our physical circle. We still feel their presence in our lives as they now watch over, guide and protect us in our human experience.



## The Circle of Life —BABY NEWS!

- ? **Melanie Sissons** – Baby Girl – Vivian
- ? **Gerry & Jodi Rendell** – Baby Girl – Kylah, born August 30
- ? **Michelle & Sean Summers** — Baby Girl — Mikayla, born September 11

As they say, when one door closes, another one opens. Along with the departures of some souls, we experience and celebrate the arrivals of others. These precious little gifts are our reminders that life is everlasting, in one form or another.

Our commitment is to make their transition into this dimension as peaceful and as enjoyable as possible!

Your children are not your children.  
They are the sons and daughters of  
Life's longing for itself.

They come through you  
but not from you,  
And though they are with you yet  
they belong not to you.

— *Kahlil Gibran, The Prophet*

## Got a SCOOP?

If you have an update, an announcement or request about yourself or any of our grads that you'd like us to include in the next newsletter, please email us at: [news@essenceofbeing.com](mailto:news@essenceofbeing.com).

## COMING ATTRACTIONS



### RING IN THE NEW!

Please join us as the year 2001, best known for the Space Odyssey, comes to a close for a New Year's Party!

Want an atmosphere that's festive and don't want to be surrounded by unconscious people? For those of you who've attended any of Burge and Brad's untraditional New Year's parties, you know they really know how to ring in the new year. Parties here are always a happy balance of playful reflection and challenging conversation, with spirit aplenty! What better way to greet the New Year than surrounded by your Healing Forest? So plan on joining them on New Year's Eve after 8pm... and light up the new year with friends, family and fireworks. (Kids welcome!)

**Champagne will flow like the Hudson River!**



"I believe in abundance.  
I do, I really, really, truly do.  
So how come I'm still  
coming up short?"



**The first ever Essence of Abundance will be held on January 11-13 in our new home in Atlanta. Catch it if you can!**

### ESSENCE OF ABUNDANCE DEBUT

#### The first ever Essence of Abundance debuts January 11th in Atlanta!

Okay, you're an EOB grad, so we know you believe in abundance and have experienced it in some form at least. But how are you expanding it into your current reality? How are you manifesting it in your life today versus when you first began your exploration? How full is your wallet / bank account / retirement account, your garage and your house with those things that make your life flow easier and more peacefully, as life was meant to be?

We know the story. We weren't meant to live lives from a position of lack. If you're not feeling abundant in any or all areas of your life, you know that you still have blocks or issues that are keeping you from having your heart's desires. That's why Burge created the Essence of Abundance. We will look at the reasons you haven't manifested the abundance that's been just beyond your grasp or just outside your comfort zone, the 9 Dots. She'll give you the tools and the knowing so you can have a breakthrough without having to create another breakdown in your personal life. We know you deserve it and we know you are worthy of it! The first question is, "Do you feel you do?" The second question, "Do you know how to create it?" We've seen firsthand what Burge has done... she has shown us it is possible! Come play with us and Burge will get you focused, energized and heading toward prosperity with a plan. Indeed, you can be Abundant and Prosperous and Passionate in this lifetime while adding value to your family, friends and this planet!

And just to get you in the flow, EOB grads can attend this inaugural class for half price! That's \$225 for EOB grads, and \$450 for the general public. How's that for feeling the flow of abundance already?! It's a great way to kick off your year in the manner to which you'd like to become more accustomed - Abundantly!



### Grad Course - Passionate Manifestation

#### WHAT?!?! You're a grad who hasn't availed yourself of the graduate course?

Well, get thee to one posthaste! Lucky for you, there's another one coming up in March in Atlanta.

The Graduate Course, called "Passionate Manifestation," will take you to a deeper level of understanding and peace, helping you to put into practice the principles and ideals you embraced in the basic EOB workshop. Yes, it's an experiential workshop. If you liked the games you played in the EOB basic, you'll LOVE the Graduate Course, and it's also a lot of fun! You get to reconnect with some people you may already know, and continue to grow with like-minded individuals like you, who are already predisposed to the guiding principles presented in the basic EOB workshop. Like you, your fellow participants are looking to deepen their experience of the concepts and really dig in to play at a whole new level of being and manifesting. Come prepared to be challenged and stretched and appreciated and encouraged. But mostly, come to truly and fully experience your passion!

**The next course in Passionate Manifestation will be held in Atlanta in March. (Specific Date TBA)**

## Connecting to the Master Within

by Teppi Alexander



"[The] Mastery [course] unveiled to me what my true power is and showed me what it feels like to fly over the bar with no limitations."



Teppi (left) and Vitor bend a rebar at the first Mastery Course in Enota in November 2001.



"As we played different games, immediately I started to see how I really did play life."

(Continued from page 1)

My first wake up call came when my father was diagnosed with prostate cancer in 1991. The day I received the call, it felt like my world came crashing down on me and the way I was living my life literally flashed before my eyes. At that time, I did not cherish the people that were important in my life – I took them for granted. Most importantly, I wasn't taking responsibility for what I was creating or who I was hurting along the way. I had a lot of unconscious years that would contribute to the pain that I was to experience following that day. And although this was the hardest day of my life... it is also my most cherished day because it was the day that I finally *woke up!*

Many things followed the news of my father's cancer. I experienced the joy of a marriage, and then the pain of betrayal and divorce. I had good jobs that lasted for short periods of time and bad jobs that lasted way too long. Nothing ever truly fulfilled me. I was bored with life and myself. And my core problem stemmed from years of blaming my mother for everything that went wrong in my life.

At the time, I was working at Coke, and a friend of mine invited me to dinner. This is the day I was introduced to Becky Sizemore. While having dinner, we realized that we spoke the same spiritual language. After hearing all the things I'd been through, she told me about this wonderful workshop that she thought would benefit me. Since I was ready for a change, I trusted her and decided to go check it out.

I knew nothing about what I would experience...just trusted that I was where I needed to be. As we played different games, immediately I started to see how I really *did* play life. I hid; I lived in fear; I did not trust people or myself; I did not speak up, even when I was right; I was not participating. I finally came to the realization that the common thread in all my drama was *me!* I had created all that was happening in my life and it was time to take responsibility for the path I chose and the lessons I needed to learn. I had many boyfriends, so how could I be surprised when my husband left me for another woman? I wanted to be loved unconditionally, yet I could not love my mother unconditionally, so how could I be surprised when my mother wanted to change everything about me?! As the pieces unfolded, the foggy mirror became clearer and clearer. I was finally looking at myself with a new pair of glasses. It was time to take responsibility for all that I created, and be thankful for the lessons that came with the pain I had carried with me for so long.

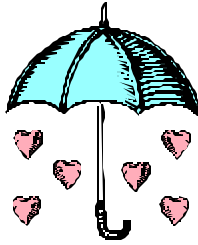
It has now been two and a half years since that first workshop. And to be honest, life is not always perfect on the outside. There are still good days and bad days. The difference now is that I can see life is perfect on the inside. I do create my own reality and see the lessons I need to learn as they unfold. I now cherish God's divine guidance and listen to what he has to teach me.

Most recently, I attended the Mastery workshop, which is the third level class presented by the Essence of Being. It was a four-day experiential workshop in Hiawassee, Georgia. The only way I can explain my experience is to compare it to a pole-vaulter's experience at the Olympics. With the first two workshops -- Essence of Being Basic and Passionate Manifestation -- I was learning how to run, trust my pace, and see myself getting closer to the bar and ready to jump, yet I was still holding back a bit from my fear of the unknown. I had only seen glimpses of my authentic power. My goal was to surrender and connect to my power completely... and live in that space from this point forward.

Mastery unveiled to me what my true power is and showed me what it feels like to fly over the bar with no limitations. It showed me that sometimes I raise the bar too high so that I cannot get over the bar (self-sabotage). I found that honoring others and myself no matter what decisions we made was an important demonstration of unconditional love. It was also revealed to me that the only limits we have are the ones we impose on ourselves and that limits are nothing more than our illusions. If we listen to that inner voice that supports and guides us, it will never let us down.

And I definitely don't believe in accidents. The most ironic experience of my

(Continued on page 5)



"I found that honoring others and myself no matter what decisions we made was an important demonstration of unconditional love."

(Continued from page 4)

weekend at Mastery was that I recognized I was still holding on to blame with my mother for not being the mother I wanted. I attracted a beautiful angel to show me what I was still holding on to and I was amazed (and frustrated) that I was still holding on to this old issue!

The minute I walked into my cabin, there she was, rearranging our things because we were not properly "feng shui." Next I attracted her in my ropes group (surprise, surprise), where she proceeded to tell me how to breathe as I hiked. I was in resistance and reaction at first, but then the inner voice told me that she had important information for me and that I should change my response to her. *There was my mother recreated for me to blow through this issue...and in order for things to change, I must change.* At first I wanted to run, which was my pattern. Then I realized this was my opportunity to work through and release what I was holding onto. It was time for a paradigm shift!

As I spoke my truth and stopped running away, I could feel my body becoming more and more relaxed and my feelings toward this person (and my mother) becoming more loving and accepting. I even connected to humor, which was an amazing release! I was no longer in resistance. I trusted my inner voice and it guided me through healing and shifting that old paradigm. I was embracing the dance. With each day, each of my limitations melted away and fear was dissipating. I welcomed each new adventure – walking on broken glass, arrow and board breaking, and fire walking. The lesson for me was that the outcome was not what was important. – It was the decision to just go for it that meant the most. By honoring that inner guidance, I connected to the master within and I feel so powerful!

It is important for me to stay connected to all those who have been a part of my healing forest. They are the ones that support me and remind me that we are all human and life will always have its ups and downs. The lessons are never "done;" it is just how we pay attention to what is reflected to us and what that inner voice is saying that determines whether the lessons will be easy or hard to get through. The Essence of Being has given me tools and, most importantly, helped me to connect to the master within me. The truth for me is that this is all we are ever searching for: self-esteem, self-love, self-trust, self-guidance. AMEN!

---

## MASTERY REPORT

---



If you'd like to get a better look at all these shiny happy people's faces, go to the Photo Gallery of our website: [www.EssenceOfBeing.com](http://www.EssenceOfBeing.com)

**The next EOB Mastery course will be held in May 2002 at the Enota Lodge and Resort in Hiwassee, Georgia.**

### **Stardate November 8 through 12, 2001: Aspiring to Mastery!**

A very lucky 42 participants came out to play when EOB held the very first ever Mastery course at Enota Resort in the N. Georgia mountains. Amidst a scenic and sacred setting, they bravely went where no men or women had ever gone before. They broke new ground and connected with the earth and each other to discover their true masterful selves while testing and "blowing away" their own limiting beliefs about this physical world and their own human body. Reports were glowing, as were the faces of the exultant few and proud. (See photo at left.) The article by Teppi Alexander will serve as a shining testament to the spirit and commitment of the courageous individuals who trusted their process and chose to participate in this inaugural event.

After reading about Teppi's triumphant experience, if you find yourself bemoaning the fact that you weren't along for the ride, don't go beating yourself up (too much?!?!?). You will have another chance! There will be another course in May (the exact date has not been determined yet), for those who couldn't make it this time or who will want to do it again! Hold the month open and we will be letting you know within the next few weeks. So, mark your calendars (in pencil for now) and don't miss out on this phenomenal experience!



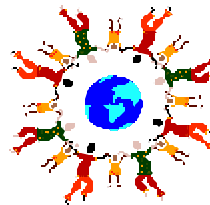
### Take the challenge. Take a risk!

You're receiving this newsletter because you're a graduate of the Essence of Being (or Art of Being or Art of Successful Being) workshop and we consider you a part of our family – our Healing Forest. And you're a member of this family, and a graduate of EOB, because someone took a risk and invited you to open yourself up to new levels of health, happiness and well-being. We know we've had reports from almost all of you that at this workshop you conquered fears you'd been carrying around for years, opened up to new experiences and new concepts, and saw amazing changes in your lives as a direct result. We challenge you to pass along the gift someone else gave you, and invite someone to attend the next workshop. You know their life will never be the same. They just need someone – YOU – to tell them about it. Aren't you forever grateful to the person who referred you? You can inspire that same gratitude in someone else, even if that someone else might seem a little resistant at first glance. Think of how you'd feel if the person who told you about this work had just assumed you wouldn't be interested.

Now we're not saying you should walk around proselytizing on street corners, but we also know that each of you knows at least one person right now who could use a gentle push in our direction, who could benefit from the knowledge and insights they would get at the EOB. Give the gift that keeps on giving – tell them about EOB, and about your experience with the work. Share with them the gift of their personal best, which may be just waiting to be uncovered at the next EOB.

**We challenge each of you to complete one simple task: tell just three people in your life about EOB, and what it's meant in your life.** You don't have to hard-sell it, you don't have to cajole or nag or push. Just tell them there's this great workshop that could change their lives for the better. And let their own personal spirit guides do the rest. Think what an effect it would have on this planet, especially right now during these trying times, times when most people are living in fear and insecurity. Think what it could look like for people to begin believing in abundance and living in their own power, not trying to take away someone else's. Think what might happen if we start our own little "Pay it Forward" game of transforming the planet, three referrals at a time. Just think of it for a moment – A world of people feeling like we all did after the Blocks Game. A world of people open and unconditionally loving and supporting each other and feeling abundant and relating to each other with the essence of being alive and whole.

Visualize it.  
See it.  
Hear it.  
Feel it.  
Taste it.



Now, do you still feel reluctant to mention this work to three people close to you? Imagine what a shift in consciousness we could create! Just imagine! It starts right now. It starts with you. It starts with one word. Please...



More details to come on the KidPower Camps. Watch out for our new website coming soon:  
[www.KidPowerCamps.org](http://www.KidPowerCamps.org)

### KIDPOWER CAMPS

Give your Kids a jump-start – Don't just send them to regular camp this summer; send them to KidPower Camp! This summer, we'll debut our new KidPower Camps! We'll feature two week-long residential camps for children of EOB grads ONLY, ages 6 to 17. Your/our kids will attend the camp all week, and then be joined by their parents for the closing weekend. We're very excited to begin grooming future EOB'ers during their formative ages. It will be fun to give them the kind of education and tools that so many of us say we wish we'd had at their ages!



## CHANNELING SESSIONS & NEW WEBSITE

Some of you have attended the awesome group channeling sessions facilitated by our fearless EOB facilitator, Burge Smith-Lyons, and featuring the wisdom of entity Shamanaste. It was the information presented by Shamanaste that inspired an article, which appears in the December issue of the Aquarius newspaper, and which is excerpted below. The article in its entirety, plus more info about the channeling sessions, can be found on Burge's website [www.BurgeOnline.net](http://www.BurgeOnline.net) (coming soon). You also can find information there regarding the September 11<sup>th</sup> attacks and Shamanaste's thoughts on this milestone event.

Burge makes herself available for private channeling sessions most any time. These sessions have been incredibly revealing and healing for those who have chosen this particular tool for their continued personal growth.

COMING SOON!

Burge's new website:  
[www.BurgeOnline.net](http://www.BurgeOnline.net).

## OPENING THE HEART CHAKRA OF THE PLANET



"This planet is a vibrant force that breathes and moves along with the collective souls inhabiting it. It reflects how we are moving and evolving. . ."

". . . our collective heart chakra – the chakra of Planet Earth – has been blasted open and is now more vulnerable and receptive."

There have been assorted responses to the events of 9/11, and many of us who are on conscious spiritual paths have struggled to see the significance of these events. As we try to put them into context and make some sense out of what seems at first blush senseless, the image that keeps coming to mind is that our collective heart chakra – the chakra of Planet Earth – has been blasted open and is now more vulnerable and receptive. This seems incongruous in light of the violent acts that precipitated this opening, but seems completely consistent with how we as humans tend to grow and change.

It is often a devastating action that catapults us into reconciliation and/or healing. It is death that reminds us how precious life is, and grave illness that makes us value our health. It is hatred that reminds us to love, and guilt that signals us to be patient and compassionate with ourselves. This duality is often difficult to reconcile and we as Light workers tend to always want to go with the "good" choice of peace and harmony. But the dark sides exist for a reason; they are there to reflect back for us those things which we need to see in order to continue our involvement. There are beacons that are being tuned in and turned on right now, and many are answering the call despite the feeling of discombobulation and uncertainty that they are experiencing. There's so much value in trusting in the

knowing that that we feel in the midst of apparent chaos. Many are tapping into the passion of wanting to help and wanting to expand in a way that doesn't fuel the violent energy. But we can't judge or condemn the catalyst. It's the storms on this planet that refresh and awaken in a way that the status quo can't activate. This is not to say that we in any way condone the behavior, as we may personally prefer a different course of action, but we do try to put this behavior into perspective to better understand it.

The perpetrators, for lack of a better word, of the violence of 9/11 are not so very different from us, the targets of the actions. They simply feel that they are right, and that they have been abused and attacked. They are wanting to shift and change just as we do. They feel the pull of wanting to make things "right." The biggest difference is, they use different actions to achieve their desired result.

On a personal level, these events have made me more committed to the work we're doing in our series of workshops called The Essence of Being, in which we teach people how to live from a more feeling place, and one of abundance rather than lack. When we come from a stance of love, responsibility and respect for all the beings who share this planet, we can begin to find new common grounds to settle our differences.

You may request complete transcripts of the Shamanaste sessions by emailing us at: [info@burgeonline.net](mailto:info@burgeonline.net) or by calling 770.998.0133.

2001/2002 Schedule

For reservations or more information:

For Atlanta or Asheville classes:  
 Email Burge Smith-Lyons:  
[burge@essenceofbeing.com](mailto:burge@essenceofbeing.com)  
 or call **888.400.5566**

For Asheville Previews,  
 Email Emily:  
[mindfulbreath@hotmail.com](mailto:mindfulbreath@hotmail.com)  
 or call **828.281.1854**

For Miami classes,  
 Email Kaayla Slotkhin:  
[murel@aol.com](mailto:murel@aol.com)  
 or call **305.529.1621**

**More to be announced!**

DECEMBER 2001

**11: Atlanta** - Essence of Abundance Preview

**12: Atlanta** - Channeling Circle  
*(everyone welcome)*

**20: Asheville** - EOB Preview

**31: Atlanta**—New Year's Party

JANUARY 2002

**3: Atlanta** - Essence of Abundance Preview

**4-6: Miami** - Higher Vibes\*  
*(everyone welcome)*

**9 & 30: Atlanta** - Channeling Circle  
*(everyone welcome)*

**11-13: Atlanta** - Essence of Abundance

**15: Asheville** - EOB Preview

**22: Atlanta** - EOB Preview

**31: Atlanta** - EOB Preview

FEBRUARY 2002

**1-3: Miami**- Essence of Being

**13 & 27: Atlanta** - Channeling Circle  
*(everyone welcome)*

**22-24: Asheville, NC** - Essence of Being

**8-10: Atlanta** - Essence of Being

MARCH 2002

**13 & 27: Atlanta** - Channeling Circle  
*(everyone welcome)*

**8-10: Atlanta** - Passionate Manifestation  
*(Prerequisite - EOB)*

APRIL 2002

*Stay tuned for more to come!*

MAY 2002

**Georgia** - Mastery Course  
*Dates TBA*

JUNE 2002

KidPower Camp  
*Details TBA*

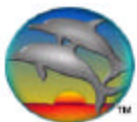
JULY 2002

KidPower Camp  
*Details TBA*

AUGUST 2002

*Stay tuned for more to come!*

\* **Higher Vibes** is a brand-new one-time only (for now) class on channeling and energy work. Don't miss it!



Essence of Being  
 5830 Plantation Drive  
 Roswell, GA 30075

Address Correction Requested

**EOB is heading for the mountains!**



We're adding a new location — **Asheville, NC** — in February, with Preview dates in December and January. See above for dates, and stay tuned for details!